



# WYOMISSING AREA SCHOOL DISTRICT LUNCH MENU



WEST READING ELEMENTARY SCHOOL September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  <b>Labor Day</b> <b>School's Closed</b>	<b>3</b>  Hot Dog Steamed Carrots Baked Beans  <b>EXPRESS ENTRÉE</b> Meatball Sub	<b>4</b>  Sloppy Joe on a Roll Corn Tossed Salad  <b>EXPRESS ENTRÉE</b> Pizza Chicken Quesadilla	<b>5</b>  Mozzarella sticks w/ Marinara Broccoli Tossed Salad  <b>EXPRESS ENTRÉE</b> Cheeseburger	<b>6</b>  Pizza Sweet Potato Fries Celery & Carrot Sticks  <b>EXPRESS ENTRÉE</b> Bosco Sticks
<b>9</b>  Cheeseburger Meatloaf w/ Dinner Roll Glazed Carrots Mashed Potatoes  <b>EXPRESS ENTRÉE</b> Meatball Sub	<b>10</b>  Taco w/ Churro Fiesta Black Beans Corn  <b>EXPRESS ENTRÉE</b> Pizza Max Sticks w/ Marinara	<b>11</b>  Rotini w/ Meat Sauce Mixed Vegetables Tossed Salad  <b>EXPRESS ENTRÉE</b> Pizza Chicken Quesadilla	<b>13</b>  Fish Sticks w/ Dinner Roll Scalloped Potatoes Green Beans  <b>EXPRESS ENTRÉE</b> Buffalo Chicken Sticks	<b>12</b>  Pepperoni Pizza Broccoli Grape Tomatoes  <b>EXPRESS ENTRÉE</b> Bacon, Egg & Cheese Croissant
<b>16</b>  Popcorn Chicken Tafer Tots Celery & Carrot Sticks  <b>EXPRESS ENTRÉE</b> Cheeseburger	<b>17</b>  Chili over Nachos w/ Cheese sauce Green Beans Tossed Salad  <b>EXPRESS ENTRÉE</b> Pizza Max Sticks w/ Marinara	<b>18</b>  Cheese Ravioli Broccoli Tossed Salad  <b>EXPRESS ENTRÉE</b> Pizza Chicken Quesadilla	<b>20</b>  General Tso Chicken over Rice Peas & Carrots  <b>EXPRESS ENTRÉE</b> Toasted Cheese Sandwich	<b>19</b>  Pizza Corn Celery & Carrot Sticks  <b>EXPRESS ENTRÉE</b> Bosco Sticks
<b>23</b>  Jalapeno Chicken Sticks Sweet Potato Fries Grape Tomatoes  <b>EXPRESS ENTRÉE</b> Cheeseburger	<b>24</b>  Baked Chicken Mashed Potatoes Corn  <b>EXPRESS ENTRÉE</b> Pizza Max Sticks w/ Marinara	<b>25</b>  Spaghetti w/ Meatballs Tossed Salad California Blend Vegetables  <b>EXPRESS ENTRÉE</b> Popcorn Chicken Bites	<b>26</b> <b>Early Dismissal</b> Shrimp Poppers w/ Cheese Stick Baked Beans Mixed Vegetables  <b>EXPRESS ENTRÉE</b> Hot Dog	<b>27</b>  Pepperoni Pizza French Fries Celery & Carrot Sticks  <b>EXPRESS ENTRÉE</b>
<b>30</b>  Hot Turkey & Cheese w/ Pretzel Bun Tafer Tots Celery & Carrot Sticks  <b>EXPRESS ENTRÉE</b> Meatball Sub				<b>LUNCH PRICE</b> <b>STUDENT \$2.55</b> <b>REDUCED \$.40</b> <b>ADULT \$4.05</b>  <b>Menus Are Subject to Change</b>

### AVAILABLE DAILY ENTREE ALTERNATIVES

COLD SANDWICHES: CHEESE, HAM, TURKEY, TURKEY BOLOGNA, PB&J UNCRUSTABLES OR CHEF SALAD

VEGETARIAN ENTREES: A YOGURT W/ GRANOLA OR HUMMUS GRAB & GO

EVERY MEAL INCLUDES: ENTREE, 2 VEGETABLE & FRUIT SERVINGS AND A CHOICE OF ASSORTED FAT FREE AND LOW FAT MILK.

WE OFFER AN ASSORTMENT OF FRESH, CANNED AND FROZEN FRUIT CUPS DAILY

GLUTEN FREE OPTIONS ARE AVAILABLE & MUST BE PRE-ORDERED. REFER TO THE GLUTEN FREE MENU ON OUR WEBSITE.

On-line payments can be made at [schoolcafe.com](http://schoolcafe.com)

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